

How I Do It: Surgical upper lip lift

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CPD record / Reader knowledge check



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1. The surgical upper lip procedure aims to:
 - Restore lower facial balance
 - Improve smile aesthetics
 - Shorten the cutaneous portion of the upper lip
 - All of the above.

2. Based upon a review of the literature, an elongated upper lip is considered to be:
 - 9-10mm
 - 12-13mm
 - 14-15mm
 - >16mm.

3. Which of the following postoperative instructions are false:
 - Skin sutures are removed at 14 days
 - Avoid excessive animation / lip movement
 - Keep the wound dry for at least 5-6 days
 - Patients should follow a soft diet for at least 7-10 days.



1 CPD POINT

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