

Recognising the key tear trough ligaments

BY UCHE ANIAGWU

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1. Osteocutaneous ligaments are those that go from:

- Bone to skin
- Heart to lungs
- Retina to pupil
- SMAS to skin

2. The zygomatic ligament corresponds to which surface appearance:

- Mid-cheek groove
- Palpebromalar groove
- Tear trough groove
- Malar mound
- Laugh lines

3. The orbital retaining ligament is the superior border of:

- The maxilla bone
- The orbital septum
- Pre-zygomatic space
- Malar mound

4. The tear trough ligament spans from:

- Medial canthus to mid-pupillary line
- Medial canthus to lateral canthus
- Mid pupillary line to pre-zygomatic space
- Medial canthus to McGregor's patch

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**Breast reconstruction –
techniques from a
plastic surgery perspective**

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Breast reconstruction – techniques from a plastic surgery perspective

BY JAMES WOKES

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1. What is the advantage of using an ADM?
 - Reduces rate of infection
 - Controls pocket
 - Adds volume

2. What does the acronym TUG stand for?
 - Transverse upper galeal
 - Transverse upper gluteal
 - Transverse upper gracilis

3. What is the meaning of 'delayed-immediate' reconstruction
 - Mastectomy and initial reconstruction as completely separate procedures
 - Mastectomy and initial reconstruction in same procedure followed by potential secondary reconstruction.
 - Mastectomy and reconstruction once histology is known

