An overview of chemical peel formulations

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CPD Feedback form

Please print out our questionnaire, complete the questions below and sign.
Keep for your records.

1. Which factors can influence the selection of a chemical peel? (Mark all that apply)
   - The pH of a solution
   - The cost of the solution
   - The indicated uses
   - Clinician preference
   - Professional scope of competence
   - Extent of visible desquamation (downtime)

2. Glycolic acid exerts its exfoliating properties through which mechanism?
   - As a keratolytic by exfoliating the desmosomal attachments between corneocytes
   - By reducing corneocytes cohesion at the lower levels of the stratum corneum and modulating desmosomal attachments between corneocytes
   - By modulating the keratinocyte attachments between corneocytes at the lower levels of the stratum corneum

3. Which clinical considerations are important to consider prior to performing a chemical peel? (Mark all that apply)
   - Manufacturer protocol specific to the choice of peel
   - The requirement to acclimatise the skin in preparation for the peel
   - The appropriate use of patient photography
   - A detailed medical history, noting any allergies and prior cosmetic procedures
   - Establishing phototype

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