

# An overview of chemical peel formulations

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## CPD Feedback form

Please print out our questionnaire, complete the questions below and sign.

Keep for your records.

1. Which factors can influence the selection of a chemical peel?  
(Mark all that apply)
  - The pH of a solution
  - The cost of the solution
  - The indicated uses
  - Clinician preference
  - Professional scope of competence
  - Extent of visible desquamation (downtime)
  
2. Glycolic acid exerts its exfoliating properties through which mechanism?
  - As a keratolytic by exfoliating the desmosomal attachments between corneocytes
  - By reducing corneocytes cohesion at the lower levels of the stratum corneum and modulating desmosomal attachments between corneocytes
  - By modulating the keratinocyte attachments between corneocytes at the lower levels of the stratum corneums
  
3. Which clinical considerations are important to consider prior to performing a chemical peel? (Mark all that apply)
  - Manufacturer protocol specific to the choice of peel
  - The requirement to acclimatise the skin in preparation for the peel
  - The appropriate use of patient photography
  - A detailed medical history, noting any allergies and prior cosmetic procedures
  - Establishing phototype

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